



### Health Care Choices

Which health insurance is best for you? Print out this worksheet and circle the statement in each row which best describes you or your situation.

#### Choice 1

#### Choice 2

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|---|--|---|
| A | I want to choose my own doctors and hospitals in a health plan, even if it costs more.   | I want to hold down my costs even if it means limiting some of my choices.  |
| B | I travel a lot and may need to see doctors in other parts of the country.  | I do not travel a lot, and almost all of my care will be provided in my local area.   |
| C | I don't mind a health insurance plan that includes filling out forms or keeping receipts and sending them in for payment.  | I do not want to fill out forms or keep receipts. I want most of my care covered without a lot of paperwork.  |
| D | In addition to my premiums, I am willing to pay for the cost of routine and preventive care, such as office visits, checkups, and shots. I like to know that I can get an appointment for these services when I want one.          | I want a health plan that includes routine and preventive care. I don't mind if I have to wait to be scheduled for an available appointment with my doctor. |
| E | If I need to see a specialist, I probably will ask my doctor for a recommendation, but I want to decide which doctor I go to and when. I don't want to have to see my primary care doctor each time before I can see a specialist. | I don't mind if my primary care doctor must refer me to specialists. If my doctor doesn't think I need special services, that is fine with me.              |